# Balancing the Give Ups and the Gets In a New Course of Action

| What are you willing to give up if you took this course of action? (for example, security, money, prestige, time with family, time off) | What would you get if you took this course of action? |
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# Balancing the Give Up and Gets - Questions

What would the thing you're going to get look like, taste like, smell like? What is your vision of what this would be like?

Is what you're getting a higher reward than what you're giving up?

What level of risk are you willing to bear to reach the reward?

What are examples of when you've given up something and gotten something more?

People often believe they are giving up more than they truly are giving up. Can you prioritize the things you would give up?

- Can we walk through each item to see how important it truly is?
- Is there a way to either reduce the amount of this item you loose?
- Is there a way to reduce the impact of this loss or replace it with something else?
- How could you change this?

If you have a fear about losing something, can you bring it to the people involved to discuss it?

What would you be willing to change in your new course of action to reduce the possible losses?

Could you engage in practiced abandonment (Peter Drucker) to make room for what you want?