

## List of Pleasures

1. Pedicure
2. Movies
3. Go to the Plays
4. Walk
5. Hike
6. Spend time with family
7. Spend time with friends
8. Lunch with friends
9. Shop
10. Sit in the backyard
11. Watch "The 3 Stooges"
12. Watch "I Love Lucy"
13. Listen to old radio shows
14. Be spontaneous, no clock, no commitments, let it go and see what happens  
happenstance
15. Rearrange a room
16. Try a new recipe
17. Listen to the birds
18. Bird watching
19. Looking at my landscape
20. Sit in the sunroom in the morning and look at the flowers
21. Taking a long shower
22. Being around creative people with new ideas
23. Skiing
24. Being outside
25. Golf
26. Knitting
27. Biking
28. Bird watching
29. Take naps
30. Get hair done
31. Read
32. Massage
33. Rent a hotel room somewhere for a short trip
34. Visit Museums
35. Got to Borders
36. See Book Authors speak
37. Go to Pasadena

38. Travel
39. Amusement park rides
40. Fairs
41. Pig races
42. Reconnect with long lost family and friends
43. Zoo
44. Go to car shows
45. Watch old "Saturday Night Live" Shows
46. Go to Musical Comedies
47. Go to Hermosa Beach, Venice, Santa Monica