

## Career Exploration Activity Checklist

Here is a checklist to help you track your progress through the Career Exploration Process.

### Highly Suggested Assessments & Inventories for Career Exploration

- [VIA Signature Strengths Inventory](#)
- [Kiersey Temperament Sorter](#)
- [Desired Career/Business Characteristics](#)
- [Learning Style Inventory - Careers Correlated With Your Learning Style](#)

### Other Career Exploration Resources & Activities

- Pre-Entrepreneurial Quiz
- [Barnes & Noble Career Exploration Activity](#)
- [Ask Your Friends Career Exploration Exercise](#)
- Career Exploration Questions
- Holland Code (RIASEC Test)

### Career Lists

- [Career List Websites](#)

### Career Research (May Be Performed Before, During or After Career Matrix Creation)

- [Career Research Resources](#)
- [Informational Interviewing for Career Research](#)
- [Salary Range Websites](#)

### **Career Matrix**

- Select Criteria
- Create a Brainstormed List of Possibilities
  - Eliminate any Possibilities You Want to Reject
- Weight Criteria
- Weight Possibilities Against Criteria
- Sort for Top Rated 3-5 Possibilities
- Narrow Possibilities

### **Perform Additional Career Research**

- Select Target Career, Job, or Business
  - Include Steps to Ultimate Target
- Create a Plan to Attain Target Career, Job or Business
- Implement Plan
- Internships
- Perform Additional Career Research
- [Career Research Resources](#)
- [Informational Interviewing for Career Research](#)
- [Salary Range Websites](#)