

Executive Coaching, Career Coaching, Training & Consulting

(562)434-7822 ~ <u>Donna@GlacierPointSolutions.com</u> ~ <u>www.GlacierPointSolutions.com</u> **LinkedIn Company Page:** <u>LinkedIn.com/company/glacier-point-solutions-inc-</u>

Behavioral Interview Questions

Here are some sample Behavioral interview questions you can use to prepare for job interviews. Practicing with a partner or your Career Coach who can provide feedback will help to improve your answers. When you practice alone, stand in front of a mirror, smile and make sure you answer the questions aloud. Just writing down your answers or thinking through your answers will not prepare you for answering questions verbally in an interview. Practice each answer at least three times.

One way to successfully answer Behavioral Interview Questions is the <u>STAR Technique</u>. E-How has provided a good article on how to utilize the <u>STAR Technique</u> to answer Behavioral Job Interview questions.

- 1. Give an example of an occasion when you used logic to solve a problem.
- 2. Tell me about how you've reached a goal that you are particularly proud of it. What were the steps you took to achieve it?
- 3. Describe a time when you didn't meet a goal. How did you handle it?
- 4. Tell me about a stressful situation that you've handled at work.
- 5. Describe a time when you were under a great deal of pressure at work and how you handled it.
- 6. Describe how you handled a decision you made that was unpopular.
- 7. Describe how you have handled mistakes in the past.
- 8. Think of a time when you didn't agree with a company policy
- 9. Describe how you've made a risky decision in the past and how you handled it.
- 10. How have you dealt with company policies you weren't in agreement with in the past?
- 11. Describe a time when you went above and beyond the call of duty.
- 12. Tell me about a time when you prioritized multiple projects.
- 13. Describe a time when you handled a tight deadline.
- 14. Tell me about a time when you didn't meet a goal. Why?
- 15. Give some examples of how you've handled having your schedule disrupted.
- 16. Have you ever had to lead a team on a project you were excited about? How did you handle that?
- 17. Tell me about a time when you pulled a team together and moved them into being a high performance team.
- 18. Describe a time when you handled a situation with a coworker that was difficult.
- 19. Describe a time when you disagreed with your boss. How did you handle it?
- 20. How have you handled a disagreement with a co-worker in the past?
- 21. Describe a time when you were in disagreement with someone in a different department and how you handled it.
- 22. Describe a time when you handled a difficult situation with a customer.





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